Vitamin, mineral and antioxidant deficiencies have been shown to suppress the functions of the immune system which can contribute to degenerative processes such as:

- Arthritis
- Cancer
- Cardiovascular disease
- Diabetes

You may be deficient in some vitamins, minerals, antioxidants and/or other essential micronutrients and not even know it.

**WHY IS NUTRIENT STATUS IMPORTANT?**

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50% of people taking multivitamins are still nutritionally deficient. - William Shive, University of Texas at Austin

**STANDARD TEST RESULTS DO NOT MEASURE IF THE NUTRIENT IS PROPERLY FUNCTIONING WITHIN THE BODY.**

SpectraCell Laboratories developed their exclusive, patented micronutrient tests to measure the function of selected vitamins, minerals, antioxidants and other essential micronutrients within your white blood cells.

Analysis can reveal a person’s functional nutrient status over a much longer time period than conventional serum testing. SpectraCell’s tests give a more meaningful measurement of nutritional status than all other nutritional testing.
But I eat a balanced diet, exercise and take a multivitamin...

If this describes all or part of your lifestyle, read on. Many people work at improving their health, yet some individuals still have deficiencies. Why?

BIOCHEMICAL INDIVIDUALITY
Because each of us is metabolically and biochemically unique, the micronutrient requirements for one person may be quite different than the requirements for another.

ABSORPTION
Although you may eat a balanced diet, if you do not absorb vitamins, minerals, antioxidants and/or other essential micronutrients properly, you will have deficiencies.

CHRONIC ILLNESS
Health conditions such as arthritis, cancer, cardiovascular disease, diabetes, fatigue and multiple sclerosis, to name a few, can be affected, directly or indirectly, by micronutrient deficiencies.

AGING
Our micronutrient requirements at age 30 are quite different from our requirements at age 40, 50 and beyond. Absorption difficulties, especially of vitamin B12, quite commonly occur as we age.

LIFESTYLE
Excessive physical activity, prescription drugs, smoking, alcohol and sedentary habits all impact micronutrient demands.

SpectraCell’s micronutrient testing is the only test that takes all the above factors and many others into consideration to identify your nutrient status. With this information, specific deficiencies that could negatively influence your health may be corrected.
YOU MAY BE DEFICIENT IN THESE VITAMINS, MINERALS, ANTIOXIDANTS AND/OR OTHER ESSENTIAL MICRONUTRIENTS AND NOT EVEN KNOW IT.

**VITAMINS**
- Vitamin A
- Vitamin B1
- Vitamin B2
- Vitamin B3
- Vitamin B6
- Vitamin B12
- Vitamin C
- Vitamin D
- Vitamin K
- Biotin
- Folate
- Pantothenate

**MINERALS**
- Calcium
- Magnesium
- Zinc
- Copper

**AMINO ACIDS**
- Asparagine
- Glutamine
- Serine

**ANTIOXIDANTS**
- Alpha Lipoic Acid
- Coenzyme Q10
- Cysteine
- Glutathione
- Selenium
- Vitamin E

**SPECTROX™** for total antioxidant function

**CARBOHYDRATE METABOLISM**
- Chromium
- Fructose Sensitivity
- Glucose-Insulin Metabolism

**FATTY ACIDS**
- Oleic Acid

**METABOLITES**
- Choline
- Inositol
- Carnitine
HOW DO I GET MY MICRONUTRIENT TESTS?
Your healthcare provider can tell you more about SpectraCell’s micronutrient tests and order a test for you, or you can call SpectraCell for more information on how to order. You will receive your easy-to-read, comprehensive test results within 3 weeks. Additional testing services including homocysteine and specialized tests to assess cardiovascular risk are also available through SpectraCell Laboratories.

PAYMENT METHODS
• Check or Credit Card - All payments to SpectraCell may be made by check or major credit card.
• Medicare - SpectraCell accepts Medicare assignment. Most test components are reimbursable when ordered for diagnostic purposes by a licensed Medicare provider.
• Insurance - When ordered for diagnostic purposes, test components are reimbursable by most insurance carriers.

GET YOUR MICRONUTRIENT TESTING TODAY!
IT MAY BE THE MOST IMPORTANT DECISION YOU MAKE ABOUT YOUR HEALTH.

I’M READY TO TAKE CONTROL OF MY NUTRITIONAL HEALTH.
WHAT’S THE NEXT STEP?

Schedule your micronutrient tests today!